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## SCHEDULE

9:00-9:30a Check-in

9:30a Welcome - With Whitney Kahn

10:00-11:00a Session 1

11:10a-12:10p Session 2

12:20p LUNCH

1:30-2:30p Session 3

2:40-3:40p Session 4

3:50p Thank you & Surveys

**How did we do?**  
Scan the code to fill out our survey



Valley Oak Ballroom

Willow Room

Poppy Room

Gym/Teen Center

## Session 1 - Independent Contractors & Community Partners

General Discussion: Who to Use?  
**WORKSHOP**

Turning Community Sponsors into Community Partners  
**PRESENTER: Frankie Nelson, City of Folsom**

Working with Independent Contractors  
**PRESENTER: Riva Ballis, MORPD, Katy Ward, Cosumnes CSD, Celeste Torres, Southgate RPD, & Penelope Crouse-Feehan, City of Folsom**

Communication in Recreation  
**PRESENTER: Tely Freidenfelt, Sunrise**

## Session 2 - Staffing, Volunteers & More

Rec Leaders in Training & Junior Lifeguards  
**WORKSHOP**

How to Recruit & Best Utilize Student Interns in Your Youth Program  
**PRESENTER: Cyndi Muscat, EGUSD & College & Career Connections**

Win-Win Internships & Student Projects  
**PRESENTER: Andre Pichly, Cameron Park CSD**

You got the Kids, Now What?! Crafts, Games, Songs and Fun!  
**WORKSHOP**

## Session 3 - JEDI

Getting to know your Community & Finding their Need  
**PRESENTER: Frankie Nelson, City of Folsom**

Disability is Not a Dirty Word  
**PRESENTER: Ciera Dulgar, MHA, CTRS Cosumnes CSD**

Inclusion: Culture, Race, and Gender in Recreation  
**PRESENTER: Becky Herz, Cosumnes CSD & Riva Ballis, MORPD**

Creative Adaptions  
**PRESENTER: Alivia Elder-Gök, MS, CTRS Sac State & Heather Kopf, MS, CTRS City of Sacramento**

## Session 4 - JEDI

Let's talk about Justice, Equity, Diversity, and Inclusion (JEDI). Roundtable discussions to ask questions about Sports, Aquatics, Preschool, Youth Camps, After School, Teens, and Adaptive Recreation.

# REC CLOUD

January 11 - 9am-4pm

# Session 1 - Independent Contractors & Community Partners

## General discussion:

### Who to use?

Need help in your sports, aquatics, youth, teen or preschool programs with which contractor to use? Come to this roundtable discussion on instructors, camps, field trips, leagues, officials, and more!

## Turning Community Sponsors Into Community Partners

Learn creative ways to work with and make the most of partnering with community organizations!

## Working With Independent Contractors

Whether you're looking to start or continue your established relationships with independent contractors, come join us in a discussion on how to work with independent contractors.

## Communication in Recreation

Effective forms of communication between staff, kids, and families!

# Session 2 - Staffing, Volunteers & More

## Rec Leaders in Training & Junior Lifeguards

Are you looking to create, expand or revamp your Rec Leaders in Training or Junior Lifeguard program(s)? Join in on our roundtable discussions to learn all tips and tricks you need for a successful program!

## How to Recruit & Best Utilize Student Interns in Your Youth Programs

Utilizing student interns for youth programs brings relatability with the participants, fresh ideas, & organic energy. In this workshop, you will receive tips on how to recruit, train, & most importantly, utilize student interns.

## You got the Kids, Now What?! Crafts, Games, Songs and Fun!

Bring your camp games, songs themes & ideas for this interactive brainstorming workshop. Be prepared to share and PLAY!

## Win-Win Internships & Student Projects

Learn how to develop a successful internship & student projects program that includes mutually beneficial goals between the agency & intern, articulating expectations, & creating an experience that benefits the student, organization, & community.

# Session 3 - JEDI

## Getting to Know Your Community & Finding Their Need

Not all communities are the same so why should recreation be? Learn how to discover the needs of ALL of your community, how to tailor your programming to fit those needs, and how to better connect with the community.

## Disability is Not a Dirty Word

This session is about Recreation Therapy, disability etiquette & person-first language, common disabilities we will encounter in recreation & how to create accommodations for individuals with disabilities. Come learn how to bring disability awareness & inclusion to your program.

## Inclusion: Culture, Race, and Gender in Recreation

Learn about Diversity, Equity, and Inclusion (DEI), and how to promote DEI in Recreation. Identify barriers that can limit participation including race, culture, gender, and gender identity. Explore strategies to promote DEI in your programs.

## Creative Adaptions

Develop an understanding of the benefits of Recreation Therapy and the inclusion process in community recreation in this interactive, hands-on workshop! Check out some adaptive equipment, brush up on person-first language & disability etiquette skills and get ready to ADAPT!

# Session 4 - JEDI

Let's talk about Justice, Equity, Diversity, and Inclusion (JEDI). Roundtable discussions to ask questions about Sports, Aquatics, Preschool, Youth Camps, After School, Teens, and Adaptive Recreation.

## REC CLOUD RESOURCES

Scan the QR code for access to shared resources gathered for this event!  
Or visit: [tinyurl.com/RC23DRIVE](https://tinyurl.com/RC23DRIVE)

